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Spike in suicide-related calls to distress hotline

More than half referenced the death of Robin Williams **PAGE 4**

TOSSED SALADS AND SCRAMBLED ...

BRAINS? KELSEY GRAMMER ON HIS ROLE IN THE EXPENDABLES, PUNCHING PEOPLE, AND HOW HE'S 'A LOT TOUGHER THAN PEOPLE THINK' **PAGE 22**



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MISSOURI TOWN REACTS

A demonstrator throws back a tear-gas container after tactical officers try to break up a group of bystanders Wednesday in West Florissant, Mo. Ferguson, Mo., has been the site of nightly protests and unrest since 18-year-old Michael Brown was killed during a confrontation with a police officer on Saturday. For more coverage, go to metronews.ca. ST. LOUIS POST-DISPATCH/THE ASSOCIATED PRESS

City to pitch adding hundreds more taxi plates

Cabbie concerns. Volunteer committee rejected call for major fleet boost



JEREMY NOLAIS
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City officials are charging full-speed ahead with a pitch to boost the city's cab fleet by hundreds of cars, despite not having the backing of major industry members.

Marc Halat, the city's chief livery inspector, confirmed in an interview with Metro Wednesday that his department will go before a city council committee Sept. 5 with a call for even more cabs than the 310 proposed at stakeholder committee earlier this year.

Halat wouldn't commit

to an exact number of shiny new plates but Metro's own calculations, using the city's census-based formula, found it would be in the neighbourhood of 380, bringing the city's total cab fleet to more than 1,900 rides.

"We've got the data to back that up," Halat said of the plate increase, later adding, "We're going forward and we're to present before council exactly what this industry needs to improve itself. That small margin of failure, which is the peak-hour demands, is what we're focusing on and that's what that report is going to address."

But the pitch will likely be controversial among industry members. While the heads of the city's two largest fleets — Associated Cab and Checker Yellow Cabs — have long called for more cars to meet customer

demand, many drivers have countered that such an increase would cut deeply into their earnings.

As well, the Taxi Limousine Advisory Committee, which is made up of industry officials, drivers and various other stakeholders, rejected the city livery department's call for 310 additional plates during a March meeting, favouring a more modest increase of 50 cars instead.

Rupinder Gill is president of the city's newest brokerage, Calgary United Cabs, works as a cab driver and sits on TLAC. When informed of the city's plan Wednesday, he responded: "Does he (Halat) want to kill us?"

"That's what he's doing — he wants to kill the small business," Gill said. "He should just open up the entire system if he wants to go that way."

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Report released

Training needed for 'suicide by cop' scenarios: Judge

A judge says police need more training on how to respond to people who act in such a threatening way that officers are forced to kill them.

Judge Judith Shriar also recommends that police consider ways to get a person's mental health information more quickly in such a situation.

Shriar headed a fatality inquiry into the deaths of Walid Maragan and his wife, Sabah Rizig, in Calgary almost six years ago. Maragan stabbed his wife to death and then called police and said: "I just killed my wife, you guys."

Officers said he threatened them with a knife when they arrived, so they tried to use a Taser on him, but it didn't work. Maragan became more aggressive and, since the Taser could not be used a second time, police shot and killed him.

Shriar agreed with a decision by the Alberta Serious Incident Response Team, which cleared the officer of wrongdoing.

Shriar also recommended that dispatch and communications staff be taught about the "suicide by cop" phenomenon so they know to obtain enough information from callers to give officers a full understanding of the circumstances.

While a police investigation concluded it couldn't be known what Maragan was thinking, the judge noted that the Calgary case was consistent with studies about the phenomenon.

"The individual is usually armed, and almost all are non-compliant and exhibit aggressive behaviour toward the police," Shriar wrote in her report released Wednesday.

THE CANADIAN PRESS



One of the country's largest insurance companies is getting out of the commercial condo insurance business, saying it's been a poor-performing part of their portfolio for years. METRO FILE

Co-operators drop city condo coverage

Short notice. Decision made in June, many in Calgary just finding out about it



ROBSON FLETCHER

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Commercial condo insurance is no longer available from one of the country's largest insurers, leaving some people in Calgary scrambling to find new policies on multi-family dwellings.

The Co-operators has stopped offering new commercial condo policies and won't

renew existing policies in all markets in Western Canada and Quebec, and plans to do the same in Ontario and the Atlantic provinces in the future, according to company spokesman Leonard Sharman.

"It basically was a matter of focusing on our core strengths," he said Wednesday. "The commercial condo insurance part of our commercial portfolio was not performing well for many years."

The company will still "provide condo insurance to condo unit owners, but not the condo itself," he added.

The change came into effect June 15, Sharman said, but Calgary resident Chris Randall

was informed just last month that the policy on the four-unit block where he resides would lapse in late August and not be renewed.

Randall, who handles insurance for the block on behalf of all the residents, said The Co-operators directed him to other insurers but the premiums he was quoted gave him sticker shock.

"It went from a \$2,800 quote to a \$4,600 quote," he said. "My initial reaction was, 'Wow.'"

Randall said he has since shopped around and found a comparable policy, but it took some legwork on a tight timeline to do so, and more notice would have made it easier.

"Adjusting in 30 days is a different scenario than adjusting over a year," he said.

Randall also wondered what the long-term impact would be on the insurance and condo market, but Calgary Real Estate Board CEO Alan Tennant figured it would be minimal.

"Any time something like this has happened in the past, usually somebody else fills the void," he said.

Tennant added that he wasn't aware of The Co-operators' decision until Metro asked him about it on Wednesday.

"It's interesting," he said. "If they made the decision in June, this is the first I've heard of it."

Search teams recover body from Sikome Lake



Searchers used side-scan sonar technology to scan the lake's bottom Wednesday. ROBSON FLETCHER/METRO

Search teams located and recovered a body from Sikome Lake Wednesday, nearly 48 hours after a man went missing at the man-made swimming facility in Fish Creek Park.

Alberta Parks took over the search from the Calgary Fire Department Tuesday night, after the man, identified by family as 29-year-old Ali Shaikh, disappeared under

the water Monday afternoon.

He was in an inflatable dinghy with five other people when it capsized. The other five made it safely to shore, although one infant was taken to hospital as a precaution.

None were wearing life-jackets.

Parks spokesperson Jill Sawyer said there is no requirement for lake users to wear life-jackets although

personal flotation devices are provided for free at the lake for people who want them.

The lake will remain closed to the public "until further notice," Sawyer added, but Alberta Parks aims to reopen it before the season ends on Sept. 1.

The water quality will be tested before the lake is reopened, Sawyer added, and a safety assessment will also be

launched.

Calgary Fire Department district chief Randy Yeats advised anyone who's swimming or boating to make use of personal flotation devices.

"Certainly the idea of life-jackets is very important ... for everybody who's around water, particularly if you're not a very strong swimmer," he said.

ROBSON FLETCHER/METRO

Death of Robin Williams leads to spike in suicide-hotline calls

Distress Centre Calgary.

More than 10 per cent of about 200 calls were related to suicide; more than half of those referenced the actor

JEREMY NOLAIS AND
KEN VAN DE WALLE
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More than half of callers contemplating suicide that phoned a Calgary distress line on Tuesday specifically referenced the death of celebrity Robin Williams, who is believed to have taken his own life Monday.

Overall, Distress Centre Calgary reported that more than 10 per cent of its up to 200 calls Tuesday were related to suicide, up from six to seven per cent on a typical day, said senior manager Jerilyn Dressler.

"It's very common, actually. Suicide rates generally

Help is available

You can phone Distress Centre Calgary for help 24 hours a day at 403-266-4357.

increase when a very high-profile celebrity, (a) person of fame or status, dies by suicide," she said.

Callers were able to de-escalate all but one call and turned to police in that instance, Dressler said.

Discussion of suicide prevention and depression awareness have been thrust to the forefront again in recent days after the death of 63-year-old Williams. Despite the fact most of his films were cheery in nature, friends have said Williams has long struggled with personal depression.

Dr. Christopher Sears, a psychology professor with the University of Calgary who's studied depression, said gender and cultural factors play a prominent role in



A photo of the late actor Robin Williams playing Mork from Ork hangs with flowers and notes left by people paying their respects at a makeshift memorial in Boulder, Colo., Tuesday. BRENNAN LINSLEY/THE ASSOCIATED PRESS

a person's decision on whether or not to seek help.

He said women, for example, are three times more

likely to reach out to someone else when combatting depression than men. In Asian and Arab countries, he said,

many men will report symptoms associated with depression — fatigue, irritation and so on — but not concede that

those issues could stem from a mental health struggle.

"Nothing's going to change until there's a sort of freedom to report these issues across society as a whole," he said.

Sears said he believes the best method to tackle suicide and depression is open conversation on the subjects in school classrooms starting as young as junior high. He said efforts in North America to foster such discussion have led to great progress in recent years.

Dressler said her centre expects to continue fielding calls related to Williams' passing in the days and weeks ahead. She believes something good can come from what many see as a tragic situation.

"We need to take this as opportunity to raise awareness ... we need to open up the conversation about mental health, around suicide and really try to decrease the stigma around reaching out for help," she said.

SAIT trains autistic students for culinary careers



Neha Walia, 19, graduated from a new SAIT pilot program training students with autism to be prep cooks. JESSICA PATTERSON/FOR METRO

SAIT Polytechnic will graduate four students with autism spectrum disorder to culinary careers this week, as part of a new pilot program.

The 15-week program started in May and trained students to be prep cooks in the hospitality industry.

Chef Andreas Pabst instructed the program and said the pilot class learned kitchen and knife safety and knife skills, among other lessons. Apart from a few minor nicks, they did really well, he said.

Prep cooks must have good knife skills, be able to cut different foods, know how to portion and have the ability to prepare food on a daily basis to help chefs.

"A prep cook is an entry-level position that supports chefs in the kitchen," Pabst said.

"They have one of the more important positions, as a chef could never do what he does without good support."

Neha Walia, 19, was one of the students enrolled in

the pilot program. She said she liked to cook before entering the program. Her favourite meal to make was lasagna.

Now that she's graduated, Walia said she wants to make a big meal for her entire family with the skills she's learned.

"I've had too much fun, and I'm going to miss this course," she said.

Walia wants to work in a restaurant in the future, and will get the chance with an eight-week job placement at

Montana's in Calgary.

One of the interesting things about the program is that it gives students life skills and a job afterwards, said Richard White, media advisor with the Ability Hub.

"We recognized that a prep cook was a type of position that would work well for a segment of our participants in our other programs," he said.

"Routine is one of their strengths. That's the one common denominator with autism spectrum disorder.

They like routine, they like structure, they're very good at that. That's a skill that can be capitalized on."

White said the Ability Hub approached the dean of culinary arts at SAIT and, within a year, they found space, funding, did their pilot course and are graduating students.

"The idea is that all of the students have jobs," he said. "Three of the four are going to Montana's and one is going to Chartwells."

JESSICA PATTERSON/FOR METRO

Bojan Ambrus

Calgary man facing deportation after changing plea in child porn trial

A Calgary man is facing possible deportation after pleading guilty to several child pornography charges.

Bojan Ambrus, 34, entered the plea Tuesday

to 17 charges that include making child pornography, luring and possession of child porn.

Ambrus initially pleaded not guilty and was at the midpoint of his trial when he changed his plea.

He was charged last October when a parent contacted police after discovering sexually exploitive conversations on her 13-year-old daughter's Facebook account.

Further investigation revealed a second person, a 14-year-old girl, was also befriended by someone using the same account.

Ambrus has a previous sexual assault conviction and his lawyer says a sentence of two years or more in the latest case would mean his client would lose the right to a hearing before the immigration appeal division.

THE CANADIAN PRESS

Scam alert

Fraudsters trying to cash in on Airdrie hailstorm: RCMP

Airdrie RCMP are sounding alarms after being made aware of fraudsters attempting to cash in on last week's massive hailstorm.

Estimates have suggested damage from the storm Thursday could

result in a repair bill in excess of \$25 million.

Now, RCMP say they've received reports of fraudulent construction workers going to door-to-door trying to convince people to let them do repairs on their homes.

"The fraudster speaks to the occupant of the residence, and offers to repair hail damage at a discounted price, stating that they do not operate with insurance

companies, as when a claim is made with an insurance firm, the homeowners' rates will go up," a release issued by RCMP Wednesday states. "The fraudster then takes pictures of the damage, collects a cash deposit, and assure the homeowner that his crew will return the following day. No crew ever arrives, and the fraudster retains the homeowner's cash, never to return." METRO

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Luxury-ride smartphone app Uber has stirred some buzz in Calgary, but regulators caution its model can carry risks for patrons. METRO FILE

Drivers using Uber had unsuitable limos, no insurance: Report

One-weekend trial. Executive Limousine, which partnered with Uber, has since folded



JEREMY NOLAÏS
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City officials have released a list of infractions they say were committed by drivers using the controversial Uber app during a short trial last year.

The app allows limo and sedan drivers to link directly with patrons. For one weekend last November, Uber partnered with Executive Limousine to bring its services to Calgary.

A report published Tuesday and due to go before the volunteer Taxi Limousine Advisory Committee said inspections that weekend found 15 of 17

Executive vehicles were “not suitable” as limousines and some drivers had “insufficient Alberta Drivers License qualifications” and lacked proper commercial vehicle insurance.

One driver was even found to be wanted on a police warrant, the report said.

Marc Halat, Calgary’s chief livery inspector, said his officers were initially tipped off to the violations by photos that surfaced on social media.

“We had to eliminate what was potentially a dangerous situation,” Halat said in an interview Tuesday. “My god, it takes one small accident — someone gets hurt, heaven forbid killed. These vehicles didn’t have the proper insurance, the proper licensing of a driver, the vehicle’s not registered with us. There’s nothing good about that scenario.”

But Uber representatives lashed out at the report after

being provided a copy by Metro, deeming it “completely inaccurate.”

“This report failed to bring any new ideas to the table on an issue that has been plaguing the city of Calgary for years,” the company said in an emailed statement. “It lacks a basic understanding of supply and demand and the type of data-driven analysis that tech-savvy, entrepreneurial-minded Calgarians deserve from their government.”

Halat, however, said when he met with Uber executives after the trial they were “mortified” when informed of the infractions.

Halat said Executive Limousine has since folded.

The report also warns that so-called rideshare apps “offer an unregulated taxi market, without requirements regarding safety and accessibility.”

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This baby skunk survived a large laceration to its neck, likely from a Slurpee cup lid, after being saved by the Calgary Wildlife Rehabilitation Society. OWEN SLATER/CONTRIBUTED

Baby skunk saved from deadly litter

Caught in plastic.

Eight-to-12-week-old would have died without help, says Wildlife Rehabilitation Society worker

It's not the first time a skunk has come into the Calgary Wildlife Rehabilitation Society, but this one caught Andrea Hunt's attention.

"He'd been caught in some plastic, around his shoulder and neck," said Hunt, the society's business administrator. "He had to be cut out of it."

The skunk looked to be between eight and 12 weeks old and had a raw wound around his neck.

"I was told it looked like a ring from a pop can, but that's

Animals at risk

1,500

The Calgary Wildlife Rehabilitation Society gets more than 1,500 animals a year, and relies on donations to help fund medical care and rehabilitation.

a little big for a little guy like this, so something smaller," Hunt said. "Perhaps like those circular plastic Slurpee cup tops."

Hunt said it would have been certain death for the little skunk, if he hadn't been brought to the rehabilitation society. "The laceration is quite large, and he never would have been able to survive it, as he was growing," she said.

Plastic cups, tin cans, jars and other trash can be difficult for wildlife.

"Skunks are very inquisitive creatures and they're scavengers," Hunt said. "He's young enough that he would have been scavenging with his mother and got stuck."

Injuries like these are preventable, Hunt said, explaining skunks can't get into blue bins or black bins, so there's no reason a skunk should come into contact with this type of plastic.

"All we need to do is properly dispose of our recycling and put trash in appropriate receptacles."

The little skunk is going to require intensive care and surgery to close up his laceration. Country Hills Veterinary Clinic provided radiographs for the skunk, and Hunt said the society is waiting until the skunk is strong enough to support surgery.

JESSICA PATTERSON/FOR METRO

Gaza protest

Fourth person charged after rally

Charges were laid against a fourth person after violence broke out at a Gaza rally in downtown Calgary in July.

Three people were formally charged Tuesday, and on Wednesday, Kamaal Maxamud Jaamac, 18, was also charged with assault.

The charges come after pro-Israel and pro-Palestine groups clashed near city hall July 18.

Police are still looking for another person they believe may have information on the investigation.

METRO

CRTC Alberta Federation of Labour pays \$50K for violating telemarketing rules

The Alberta Federation of Labour has paid \$50,000 for violating Canada's telemarketing rules.

It has also agreed to comply with the rules of the national Do Not Call list in the future.

The list was set up to give consumers a tool for blocking unwanted phone calls from marketers.

The Canadian Radio-television and Telecommunications Commission says it investigated the labour fed-

eration after receiving complaints.

The CRTC says that a company hired by the AFL made calls with an automated device that doesn't comply with the telemarketing rules.

In particular, the robo calls didn't provide a local or toll-free number and mailing address for the AFL.

The Alberta Federation of Labour has 29 union affiliates that represent 160,000 workers in Alberta.

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Hold off on holding salt, study suggests

Health. New research questions the need to reduce sodium intake, although scientist says 'most people should stay where they are' and not eat more salt

A large international study questions the conventional wisdom that most people should cut back on salt, suggesting that the amount most

folks consume is OK for heart health — and too little may be as bad as too much. The findings came under immediate attack by other scientists.

Limiting salt is still important for people with high blood pressure — and in fact, a second study estimates that too much sodium contributes to up to 1.65 million deaths each year.

The studies both have strengths and weaknesses, and come as the U.S. government is preparing to nudge industry to trim sodium in processed and restaurant foods.

The first study's leader, Dr. Salim Yusuf of McMaster University's Population Health Research Institute in Hamilton, urged keeping an open mind.

"There are those who have made a career out of promoting extreme sodium reduction that will attack us," he said. It's better to focus on healthy lifestyles and overall diets instead of a single element, "and that is something everyone can rally around."

No one should view this as permission to eat more salt, he said, adding that "most people should stay where they are."

The study was sponsored by the McMaster institute, non-profit and government groups and industry, but funders had no role in running it. The countries included Canada but not the United States; China accounted for 42 per cent of participants. About 40 per cent had high blood pressure.

Sodium levels were estimated from a single urine test instead of the preferred method of over 24 hours at multiple times, which Yusuf said was impractical in such a big group.

That drew criticism from a host of scientists.

"This is a fundamental flaw" that undermines confidence in the results, said Dr. Elliott Antman, president of the Heart Association.

Dr. Robert Eckel, a University of Colorado cardiologist and a former Heart Association president, said the single measure is a big limitation, but that researchers "did the best they could" in such a large study and that the findings still have some merit.

"I find the potassium data of great interest" for potentially lowering risk, he said.

THE ASSOCIATED PRESS

Researchers found:

- Sodium levels generally correlate with the risk of high blood pressure. But this link is strongest when sodium intake is high and wasn't seen at all when consumption is low.
- A different nutrient — potassium — seems to lower blood pressure and heart risks, and offsets sodium's effect.

Toronto. Man stabbed for accidental shoulder bump while walking and texting

A 33-year-old man was stabbed in the heart and remains in critical condition after he accidentally bumped shoulders with another pedestrian while walking and texting in downtown Toronto, police said Wednesday.

The man was walking while sending a message on his phone just after midnight.

He bumped the passerby, who took the contact as a "perceived slight" and allegedly attacked him, police said.

Const. David Hopkinson said the texting man's attempt at self-defence only further offended the two suspects, causing one of them to

stab him in the heart.

The victim was rushed to hospital, where he was last reported in critical but stable condition.

Hopkinson said the incident near the city's Yonge-Dundas Square seems "totally unique or random."

"It seems like it makes no sense."

A man was arrested shortly after, while another is sought by police. Mohamed Ali, 27, is charged with attempted murder and aggravated assault.

Police describe the second suspect as white, five-foot-eight with short dark hair, and a chin-strap beard.

THE CANADIAN PRESS



Oath to the Queen upheld by Ontario court

Jamaican citizen Simone Topey, left, is seen outside the Ontario Court of Appeal with her lawyer Selwyn Pieters in Toronto on April 8. Citing the "symbolic" nature of the citizenship oath, Ontario's top court has dismissed a constitutional challenge by three permanent residents who claim swearing allegiance to the Queen is discriminatory and unjust. Topey was one of three who argued that the provision in the Citizenship Act that requires would-be citizens to swear to be "faithful and bear true allegiance to Queen Elizabeth the Second, Queen of Canada, her heirs and successors" violates the Charter of Rights and Freedoms. COLIN PERKEL/THE CANADIAN PRESS

Klaus Nielsen

Researcher pleads guilty in bacteria-smuggling case

The puzzling case of the renowned Canadian infectious disease expert who tried to smuggle dangerous bacteria to China neared its end Wednesday as the disgraced scientist pleaded guilty to 11 charges.

Klaus Nielsen, 68, a one-time lead researcher at the Canadian Food Inspection Agency, remains free on bail until his sentencing.

A statement of facts agreed to by Nielsen's lawyers and the Crown provided details of Nielsen's attempt to take vials of Brucella bacteria to China in his luggage two years ago.

THE CANADIAN PRESS

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Doctors Without Borders

Doctors decided against giving drug to Ebola-stricken physician

Doctors treating Dr. Sheik Humarr Khan, a leading Sierra Leone physician who became sick with Ebola, considered giving him an experimental drug but feared it could trigger a dangerous immune response and did not administer it, Doctors Without Borders said in a statement.

At the time Khan's immune system was starting to produce antibodies suggesting he might recover, the statement said. In the end, the physicians decided against it. They never told Khan of its existence because they felt it would be unethical to tell him of a treatment they might not use. Shortly after their decision Khan's condition worsened, the statement said. He died a few days later.

The drug is believed to be ZMapp, an experimental drug that has been already been given to three people.

THE ASSOCIATED PRESS

Special prosecutor approves Bountiful polygamy charges

Sect leaders charged.

Community members are part of Fundamentalist Church of Jesus Christ of Latter Day Saints

Polygamy charges against two men have been approved by a special prosecutor in the long-running investigation of the community of Bountiful, B.C.

Independent Special Prosecutor Peter Wilson announced Wednesday that sect leaders Winston Kaye Blackmore and James Mario Oler each face charges of polygamy, and that Oler also faces a charge for the alleged unlawful removal of a child from Canada.

In addition, Brandon James Blackmore and Emily Ruth Crossfield each face a charge for the unlawful removal of a child from Canada.

The RCMP has been inves-



Winston Blackmore, the religious leader of the polygamous community of Bountiful located near Creston, B.C., shares a laugh with six of his daughters and some of his grandchildren on April 21, 2008. JONATHAN HAYWARD/THE CANADIAN PRESS

tigating the polygamist community, near Creston, B.C., over the past two decades.

Blackmore is considered

the leader of the community of 1,000 people, who are members of the Fundamentalist Church of Jesus Christ of Latter Day

Saints, which also has communities in Arizona, Texas and Utah.

Blackmore and Oler were first arrested on polygamy charges

in 2009, the first time Canada's polygamy laws have been enforced. After their arrests, the B.C. Supreme Court initiated a Reference to determine whether section 293 of the Criminal Code (the polygamy provision) was consistent with the Canadian Charter of Rights and Freedoms. The court upheld section 293 as constitutional.

The Criminal Justice Branch said the charges approved by Wilson are similar to the ones they were originally charged with in 2009. Oler's charge of alleged unlawful removal of children — with the intention that an act of sexual interference or invitation to sexual touching be committed outside Canada — is based on new information as a result of investigations in the U.S., it said.

Blackmore and Oler's first appearances are anticipated to be on Oct. 9 in provincial court in Creston.

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This Nov. 13, 2011, file photo shows actor Robin Williams, left, and his daughter, Zelda, at the premiere of Happy Feet Two in Los Angeles. KATY WINN/THE ASSOCIATED PRESS FILE

Williams' daughter leaves social media

Online abuse following dad's death. Accounts of both alleged bullies were suspended

Robin Williams' daughter has abandoned her online social media accounts in disgust following what she called "cruel and unnecessary" messages following her father's death, a move that has prompted Twitter to explore how it handles such situations.

Zelda Williams, 25, wrote that she was stepping away

from her Twitter, Tumblr and Instagram accounts "for a good long time, maybe forever."

The move came after at least two users upset the grieving actress by sending disturbing images and verbal attacks. In one of her last tweets on Tuesday night, Williams asked fellow users to report her alleged tormentors to Twitter managers. "I'm shaking," she wrote.

One of the images was a Photoshopped image of Robin Williams purporting to be his corpse.

Well-wishers and fans online quickly rallied to Zelda Williams' defence, and the

accounts of both alleged bullies were suspended by Wednesday.

"We will not tolerate abuse of this nature on Twitter," Twitter said in a statement Wednesday afternoon. "We have suspended a number of accounts related to this issue for violating our rules and we are in the process of evaluating how we can further improve our policies to better handle tragic situations like this one. This includes expanding our policies regarding self-harm and private information, and improving support for family members of deceased users."

THE ASSOCIATED PRESS

Deep-space missions

New tech could provide health care to astronauts

A new Canadian technology could be the key to ensuring astronauts' health and well-being on deep-space missions.

Researchers at St. Mary's Hospital in Montreal are part of a team developing health technology to provide remote care to astronauts.

It sounds like something out of science fiction — a

virtual medical consultant combining the knowledge of a psychologist, occupational therapist, family doctor and emergency-room physician all in one.

The technology uses body sensors to constantly monitor an astronaut's health as well as software that can provide real-time treatment instructions to the crew's medical officer.

The McGill-affiliated hospital's contribution is an algorithm that is described as the brain behind the virtual medical consultant being

developed by a number of partners with funding from the Canadian Space Agency.

The technology is important as exploration moves beyond the International Space Station and astronauts face potential health challenges without the same accessibility to experts on Earth.

Researchers say the technology, which is at a concept phase and requires more funding to go forward, could also be applied on Earth in places that have limited access to health care.

THE CANADIAN PRESS

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White House plans Iraq rescue operation



U.S. Secretary of Defense Chuck Hagel, left, shakes hands with Camp Pendleton marines, Tuesday. PAUL RODRIGUEZ/THE ORANGE COUNTY REGISTER/THE ASSOCIATED PRESS

Canada's role. U.S. seeking help from allies in protecting Yazidis, Iraqi Christians

The United States is planning an international effort to whisk displaced people to safety in Iraq, and it appears there may be a supporting role for Canada.

The U.S. says it's in discussions with several countries including Canada about helping Yazidis, Iraqi Christians, and other people who have become displaced by the advance of Islamist fighters.

At a White House briefing Wednesday, deputy national security adviser Ben Rhodes said the U.S. was taking up offers to help those who are under threat from the al-Qaida splin-

ter group, the Islamic State of Iraq and the Levant.

"We have offers of support from a number of allies like France, Australia, Canada," Rhodes said.

"We'll be in discussions with them about what they can do both as it relates to helping the Yazidi population ... but also, more broadly, helping bring relief to the displaced persons in northern Iraq, which

includes not just Yazidis but an enormous number of Iraqi Christians and others who have been driven from their homes by ISIL."

It's expected that most countries would play a humanitarian-assistance role while the U.S. weighs options for a military mission to help move tens of thousands of people away from the area.

THE CANADIAN PRESS

Egypt. Ousted Hosni Mubarak defends his years in power

In his first speech since being put on trial, Egypt's toppled president Hosni Mubarak denied Wednesday that he ordered the killing of protesters during the 2011 uprising that deposed him. Speaking from a gurney, the 86-year-old former leader sought to mend his image, clearly emboldened by the country's changed political landscape.

Speaking from inside a cage that holds defendants, Mubarak gave a 23-minute, uninterrupted address aired live on national television. It

starkly contrasted the dozens of ongoing trials of ousted president Mohammed Morsi and his supporters, toppled in last year's military overthrow, who are crammed inside soundproof glass cages for their hearings.

"Hosni Mubarak who appears before you today would never order the killing of protesters or the shedding the blood of Egyptians," the former autocrat said, speaking in the third person in an impassioned, defiant statement.

THE ASSOCIATED PRESS



Egyptian medics and army personnel escort former Egyptian president Hosni Mubarak, 86, from a helicopter ambulance after landing at the Maadi Military Hospital, following his retrial in Cairo, Wednesday.

AMR NABIL/THE ASSOCIATED PRESS

Vatican City

Pope appeals to UN to end tragedy in Iraq

The Vatican is increasingly indicating support for military action in Iraq to protect Christians and other religious minorities from persecution by the Islamic State. On Wednesday, the Vatican released a letter Pope Francis sent to the UN secretary general renewing his appeal to the international community to take action.

THE ASSOCIATED PRESS

Raising fear

Poland, Latvia protest Russian politician's claims

Poland and Latvia have summoned the Russian ambassadors to protest threats by nationalist politician Vladimir Zhirinovskiy, who last week said Poland and the Baltic states would be "wiped out" in the event of a war between Russia and the West. "The Baltic States and Poland are doomed.... Nothing will remain there," Zhirinovskiy said.

THE ASSOCIATED PRESS

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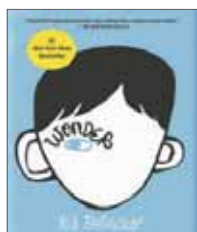
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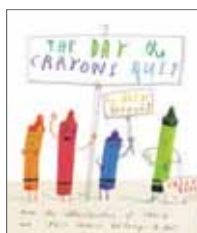
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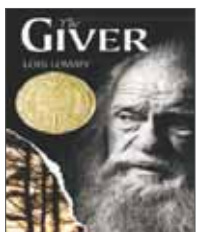
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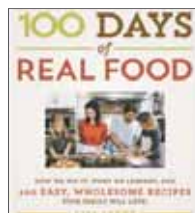
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BUSINESS

metronews.ca
Thursday, August 14, 2014

Showing our true patriot love for BTMs

Kyle Kemper, CAVIRTEX's vice-president of business development, introduces six new Bitcoin Teller Machines in Toronto on Wednesday. With the launch of six new BTMs in Toronto and four more to roll out across the country shortly, Canada now has more BTMs than anywhere else on the planet. The fleet of BTMs are being released by CAVIRTEX — Canada's largest Bitcoin exchange and service provider. The machines are located in high-traffic Gateway Newstands locations across the Greater Toronto Area. CAVIRTEX plans to install an additional four machines in Vancouver, Niagara, Ottawa and Halifax. CAVIRTEX BTMs are capable of buying and selling up to \$3,000 worth of bitcoins exclusively in the Canadian marketplace. The machines are built by Ottawa-based hardware and software provider BitAccess.

NATHAN DENETTE/THE CANADIAN PRESS



Tech. Amazon squares off against Square with new credit-card reader and app

Amazon is taking direct aim at mobile payment systems such as Square by introducing the Amazon Local Register in the U.S., a credit-card processing device and mobile app designed to help small-business owners accept payments through their smartphones and tablets.

The move places the largest U.S. e-commerce retailer in competition with Square and other established mobile payment processing systems such as PayPal Here and Intuit's GoPayment.

Amazon's technology includes a card reader that attaches to a smartphone, Kindle or tablet. The reader processes credit or debit card payments via a secure Amazon network,



This image provided by Amazon shows the Amazon Local Register.
AMAZON/THE ASSOCIATED PRESS

the same one that processes Amazon.com purchases. The service is designed to serve on-the-go small-business owners who might otherwise only accept cash or cheques, including massage therapists, food truck operators and artists who sell their work at outdoor fairs.

THE ASSOCIATED PRESS

Money is for charity. Most bids for Sam Sung's business cards were fake

A B.C. children's charity is disappointed after the majority of eBay bids for the last business card belonging to former Apple Store employee Sam Sung turned out to be fake.

On Tuesday, Sung and eBay decided to remove the majority of bids for the framed and autographed presentation of his last Apple business card, T-shirt and lanyard that he was auctioning off for the B.C. and Yukon chapters of the Children's Wish Foundation.

The bidding had previously reached a shocking \$80,200 U.S. On Wednesday morning, the highest bid sat at \$1,965.

Jennifer Petersen, director of the charity's B.C. and Yukon chapters, said she was disheart-

ened to see the drop in bids, which could have gone on to grant wishes to eight children suffering from life-threatening illnesses.

"We were cautiously optimistic earlier this week, but as suspected it seems that the current bidders may not be serious bidders," Petersen said in a statement.

Sung, a former Apple Specialist who previously worked at the Vancouver Pacific Centre store location, rose to Internet fame in October 2012 when a photo of his business card bearing his coincidental name went viral online at a time the two rival tech giants were engaged in a bitter patent war.

THANDI FLETCHER/METRO IN VANCOUVER

.wtf? Yes, that is a real domain suffix

Dot what?! The days of only .com or .ca are over, and a Canadian has launched one of the most popular alternative web suffixes so far — .club

Guessing a website address used to be so simple. Stick a .com or .ca at the end of a company or organization's name and most of the time, that would do it.

But there's a flood of new generic top-level domains (gTLDs) hitting the web, which could eventually leave consumers struggling to remember which of more than 1,400 web suffixes to type in.

The Internet Corporation for Assigned Names and Numbers (ICANN) is in the process of gradually rolling out all kinds of new web address types, including .best, .buzz, .cheap, .cool, .expert, .guru, .ninja, .sexy and .wtf.

The most popular so far has been .club, which was launched by Canadian Colin Campbell, who previously

founded the companies Internet Direct, Tucows and Hostopia.

More than 90,000 .club URLs have been registered so far and a few were sold off for five-figure fees. Eat.club was purchased for \$20,000, English.club went for \$17,500, Chinese.club was bought for \$13,750, and Toys.club for \$12,500, says Campbell, who also recruited rapper 50 Cent to use 50inda.club for an official fan site.

Teen pop star Demi Lovato has also purchased a .club address for her fan club.

"Dot-club is short, memorable, and the interesting thing about .club is it adds meaning at the end of a domain," says Campbell, explaining why he spent big bucks to acquire the rights to .club domains.

"We're still going to have .com, we're still going to have .ca, they're never going to change, they're going to be the dominant generic domain names in Canada.... It's not trying to be an alternate to .ca or .com, it's really trying to complement those names or offer an alternative with a different meaning." THE CANADIAN PRESS

Market Minute

DOLLAR
91.60¢
(+0.04¢)

TSX
15,262.73 (-11.50)

OIL
\$97.59 US (+\$0.22)

GOLD
\$1,314.50 US (+\$3.90)

Natural gas: \$3.80 US (-\$0.01)
Dow Jones: 16,651.80 (+91.26)

Violates charter rights?

Ontario women sue Ottawa over U.S. tax fraud law

Canada has violated the charter rights of nearly a million Canadians by agreeing to share their financial details with authorities in the United States, two Ontario women allege in a new lawsuit. The suit accuses Ottawa of breaching the Constitution by complying with a sweeping new American tax fraud law, known as the Foreign Account Tax Compliance Act. THE CANADIAN PRESS

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I TOTALLY MADE ALL OF THIS UP

It's time for another issue of The Beaver Examiner, a publication that will always be proudly independent from facts. I make no money running The BeavEx, but I don't lose any, making it the most successful newspaper in North America. Here's the news:

Hollywood anxiously awaits Death No. 3

LOS ANGELES – Well aware that the trinity is not complete until one more celebrity dies, Hollywood stars are refusing to leave their homes as they wait to learn who will complete the group that began with comic genius Robin Williams and legendary actress Lauren Bacall. "What's really unnerving is it could be anyone," actor George Clooney said from a secure bunker underneath his L.A. bungalow. "It could be something sad, but not that shocking, like Mel Brooks, or it could be a complete surprise, like George Clooney."



HE SAYS

John Mazerolle

metronews.ca

Vancouver Aquarium ban on whale, dolphin breeding upsets whales, dolphins

VANCOUVER – A decision by the Vancouver Park Board to ban the breeding of aquatic animals at the Vancouver Aquarium has been met with mixed reactions from scientists, and universal condemnation from the animals in question. "Let me get this straight," dolphin Helen said through a translator. "First you give me as much space to move as a downtown condo dweller, and now you take away the only fun I get? Why don't you just harpoon me now?"

Neighbourhood tidies up only when Google car visits

SAINT JOHN, N.B. – Residents of the South End

admit that though they always mean to get around to it sooner, they clean up only when they know Google will be visiting. Lo-

cals recently put on their best clothes, painted over the graffiti and picked up garbage that had been littering the sidewalks since the last time the Google Street View Car was through. "It never seems that bad, and then I hear the car coming and suddenly all I can see is abandoned dog poop," said resident Colin Mackin.

Increasingly desperate Edward Snowden releases NSA employees' middle names

UNDISCLOSED LOCATION, RUSSIA – Quickly running out of revelations to share, NSA whistleblower Edward Snowden has released over two dozen potentially embarrassing middle names of NSA and CIA employees, including "Alexis" and "Marion." Snowden said the middle names the U.S. government would prefer to keep secret go all the way back to the founding of the NSA, when its first chief Ralph Canine tried to hide his middle name, Julian. Snowden also promised "big news" in September when he reveals how seldom NSA head Keith Alexander washed his hands after using the washroom.

Like diving from your desk ...



Christophe Bailhache surveys Christ of the Abyss, with the SVII cameras off the coast of Key Largo, Fla. U.S. government scientists hope people will soon be able to go online and get a 360-degree view of reefs and other underwater wonders, much like Google Map's Street View lets people look at homes.

PHILIP DUNSTAN/CATLIN SEAVIEW SURVEY/THE ASSOCIATED PRESS

... OK, no it isn't, but it is like Street View for reefs, other wonders

It's easy to go online and get a 360-degree, ground-level view of almost any street throughout the world. Soon, scientists hope people will be able to do the same with coral reefs and other underwater wonders.

U.S. government scientists are learning to use specialized fish-eye lenses underwater in the Florida Keys this week in hopes of applying Street View mapping to research and management plans in marine sanctuaries nationwide.

Some of the rotating and panoramic images will be available online as early as this week, including a selection on Google Maps, giving the public a window into ecosystems still difficult and costly to explore for long stretches of time.

About 400,000 images have been produced so far of reefs off Australia and in the Caribbean, but this is the first time the technology is being used in North American waters.

The images in the U.S. will add scale and details to data that's already been collected, and illustrate the successes and failures of coral restoration.

THE ASSOCIATED PRESS

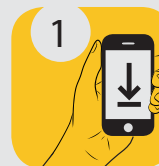
View down under

In images previewed by project director Richard Vevers, endangered elkhorn coral, bleached fields of dead coral and coral nurseries suspended like hanging plants in the Keys' blue waters were in sharp focus as they rotated on screen.

- In an hour-long dive, each camera can capture images over an area up to 20 times larger than what's available with traditional underwater photography equipment, Vevers said.

METRO AUGMENTED REALITY

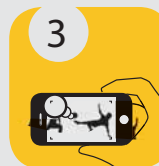
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3
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In this issue, you can find AR enhancements on page 22 in Scene and page 30 in Sports.

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

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3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.



MetroTube

Under the weather



ANDREW
FIFIELD
andrew.fifield@metronews.ca

Depending on where you call home, you've likely encountered some very hostile rainstorms and associated flooding this summer, often with scant warning. American states are dealing with very similar events, including Nebraska. On Saturday alone, the town of Kearney endured about nine centimetres of rain — triple the average amount for the entire month of August. The result can be seen here, as CCTV captures a terrifying surge of water crashing through the doors and windows to flood a dining room. (Good Samaritan Hospital/YouTube)



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Comedian brings Canadians big cackles without the cringe

Keepin' it clean. Brian Regan has gained serious cred on the comedy circuit without resorting to the raunch



BACKSTAGE PASS

Jared Story
scene@metronews.ca

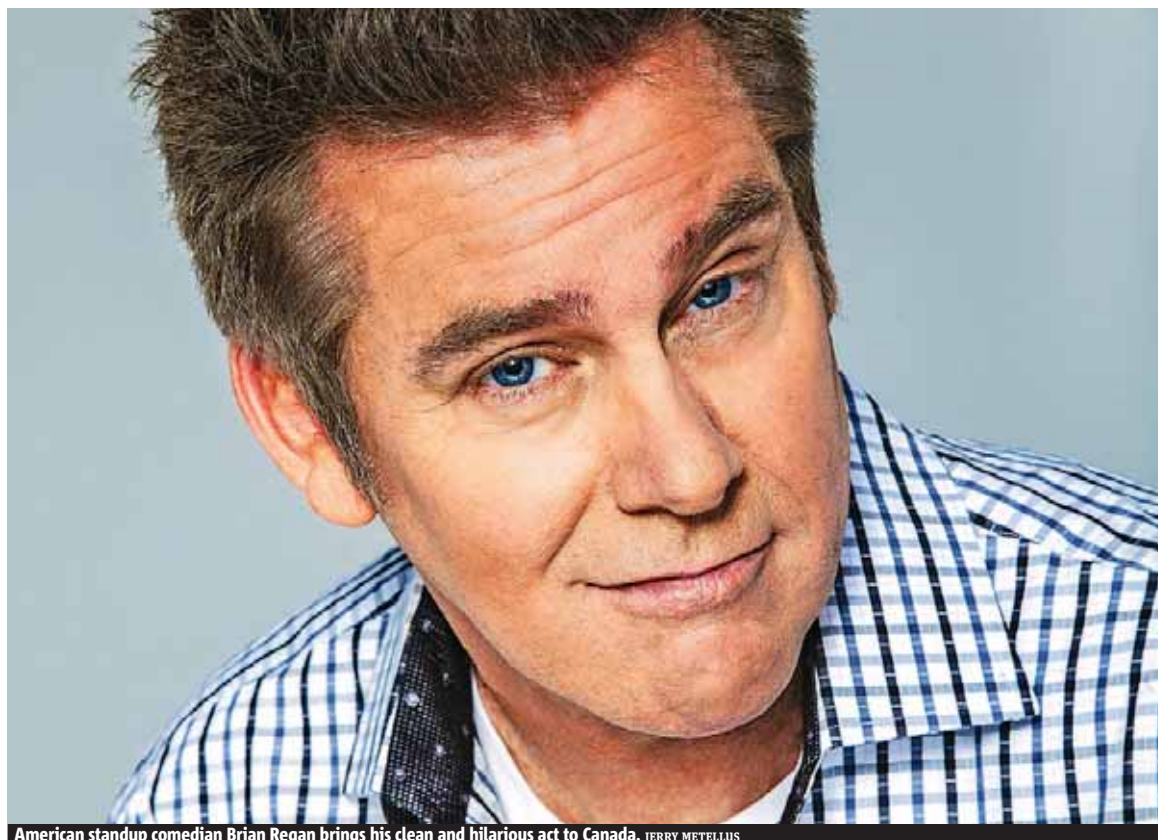
Brian Regan is pure comedy gold. Untainted by sitcom success or Hollywood glory, the American standup is committed to the craft of live comedy.

"I have sought (TV work) out a little bit over the years, but I've been very careful not to just get involved with anything," Regan says. "If I did get on television, I always wanted it to be about my comedy and how I thought as a comedian. I'm just not interested in getting plugged into someone else's vision."

Sticking to his guns has paid off. Regan, 56, who grew up in Miami, Fla., started performing standup comedy in the early '80s at the Comic Strip in nearby Fort Lauderdale. Now, he performs exclusively in theatres and large venues.

Details

- Friday, Aug. 15, Jack Singer Concert Hall. Tickets are \$42.39 at epccorcentre.org. Showtime is 8 p.m.



American standup comedian Brian Regan brings his clean and hilarious act to Canada. JERRY METELLUS

Regan sold out the 8,600-seat Red Rocks Amphitheatre in Colorado last year and performed two sold-out 12,500-seat shows in Salt Lake City in February. That's right, Utah. Regan can do Mormon country because he works clean.

"I do still think of things that are horrific," he laughs. "And people who know me say, 'If your fans only knew

how dark and twisted you can be, they'd be stunned.' For now, I just choose to keep that kind of thinking for my offstage friends."

Regan's ability to be comedic without being coarse, as well as his talent for making the mundane hilarious, has earned him the respect of his colleagues. He has made 26 appearances on The Late

Show with David Letterman and recently appeared on Jerry Seinfeld's *Comedians in Cars Getting Coffee*. He's also received praise from not-so-clean comics, such as Patton Oswalt, Marc Maron and Norm Macdonald.

"People who work blue, if they like my stuff, that makes me feel great," Regan says. "It's a two-way street. I'm

reading a book about Richard Pryor and Pryor is arguably one of the best standup comedians who ever lived, if not the best, and he didn't work clean. But he was brilliant. I don't sit on a white horse, 'Everybody needs to work clean.' I think everybody should do what they want to do and I just happen to like the way I work."

2 SCENE

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Trading fine wine for a gunning good time

Kelsey Grammer. The man more commonly known as *Frasier* loosens his tie for a turn in an action flick



NED EHRBAR
Metro World News in Hollywood

Kelsey Grammer is one of several high-profile additions to the *Expendables* franchise for its third outing, and even he understands people might find his inclusion in the '80s throwback testosterone-fest something of a head-scratcher. But, as Grammer tells us, he's actually tougher than people think. "I'm working at the gym. I'm punching people in the streets," he jokes. "All those punch videos you've been seeing? That's me."

This is an interesting choice for you, this franchise. What was your reaction when they first approached you?



Kelsey Grammer wants us to know he's tougher than we think he is.
GETTY IMAGES

Actually they didn't approach me. I had heard there was a role available in *The Expendables*. I didn't know what it was, I didn't know how it was going to play out or what the requirements really were, but I knew if I pushed a little bit, maybe their imaginations would say, "Oh. Kelsey Grammer. OK, that's a surprise."

I'm a lot tougher than



The third installment of *The Expendables* brings together even more '80s action flick talent than before. CONTRIBUTED

people think I am. If you know anything about my personal life, you'll realize that. I thought I could fulfil the requirements of an action film, should that be asked.

Is that something you've been looking to do?
Oh, I'd love to, I'd love to do it. And who knows, it may

happen, it may not happen. But being in this film was a complete joy for me.

And Bonaparte actually is a terrific character. He's just a guy who used to be in some kind of mercenary world and stepped away and is a procurer, basically, now. He puts together teams and he's been making some pretty good money at it.

AUGMENTED REALITY

→ Need an action fix? Scan this photo with your Metro News app for some clips from *Expendables 3*



→ See the full instructions on Metro's Voices page.

It was really fun to play, and we kind of just hit on this sort of Hemingway, broad-shouldered kind of guy who is in the background now a little bit. But my hope is now if we do another one, Bonaparte gets to don the military motley. So to speak.

That Hemingway-esque, life-on-the-road type seems fun.

Yeah, who lives big, has lived a big life — and believes in things that some of us believe in still about courage and about showing up and about taking a stand, being

in the fight. I'm one of those guys. A man's man.

How does the breakdown of divisions between the film and TV worlds look from the perspective of someone who's been so successful on the TV side?

In England, you can go from television to film to stage seamlessly. Nobody has an issue. In America, yeah, we tend to kind of put people in these pockets. It was always my dream that I would break the bonds of *Frasier* at some point and have a chance to play some other roles. I think Boss helped that, and people went, "Oh wow, I had no idea."

Because they never do. So you have to show them. I did another comedy in England in the spring called *Breaking the Bank* that's about a British guy, and of course everybody there said, "I had no idea he was British!" Well, I'm not. I'm an actor.

So that's where we are, we're still trying to convince people that actors are actors, and we'll be OK.

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Leah Remini and Jennifer Lopez ALL PHOTOS GETTY IMAGES

Naked Jennifer Lopez seems a little too perfect to Leah Remini

Leah Remini isn't ashamed to admit that she checks out BFF Jennifer Lopez's body. But can you blame her? "I do stare at her naked and not in a crazy way but I'm like, 'What a bitch,'" Remini jokes to E! News. "And I'll tell

her, too — 'Disclaimer: I'm staring at you, I'm looking for cellulite and looking for things that my mind could compute,' and she's like 'Well, just look and try to find it.'" They do sound like fun, don't they?

Simmons to immigrants: 'Learn goddamn English'

Gene Simmons is going the tough love route when it comes to immigrants who've just made it to the U.S. "I'm actually saying the thing that needs to be said because the politically correct climate is bulls—," Simmons tells HuffPost Live. "You don't want to upset anybody by saying, 'Learn to speak

goddamn English.' So, as an immigrant, I'm telling you: Learn to speak goddamn English. It is the key that will unlock the keys to the kingdom. If you make the effort, then all the possibilities of this culture will open up for you and give you all the rewards that I've gotten." Even an arena football team?

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Blake dreams of a Lively litter, Ryan dreams of hot fudge



NED EHRBAR
Metro in Hollywood

Blake Lively is so hot on the idea of having kids, she's even envious of the birthing habits of other mammals.

"I've got to get started.

If I could spit out a litter of kids, I would," she tells Marie Claire.

Sounds messy, and not at all like something you'd expect her Paltrow-ish lifestyle website, Preserve, to recommend. But hey, get your litter on, Blake.

As for husband Ryan Reynolds? His opinion on the matter, according to this totally-taken-out-of-context quote from the same interview?

"Honestly, all he wants to eat is hot fudge sundaes," she says.

Twitter



@LilTunechi
Ain't no woman like da 1 I got.



@JohnCleese
19 days to finish auto biography. Nose to the grind stone ... finishing up school days.



@SethMacFarlane
Thank you, Lauren, for teaching us all how to whistle. You will be missed, but more than that, you will be celebrated.



Tia Mowry

Crushing or crunching, Tia-Theron gym dust-up 'blown out of proportion'

Tia Mowry wants to make sure everyone knows that Charlize Theron did not, in fact, try to get her banned from SoulCycle. The rumour started after Mowry mentioned running into the

Oscar-winner at the trendy exercise studio only to find that Theron "wasn't very nice to her." A couple of days later, and that's become Theron is trying to get the Sister, Sister star barred. "It was definitely blown out of proportion," Mowry says, according to Just Jared. "I do not know Charlize. I absolutely love her, she's my 'woman crush Wednesday,' you can even see it on my Instagram! I'm obsessed with her, I love her."

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3
LIFEPLUS
HOMES

It's a new dawn, it's a new shirt, and it's feeling good

A breakdown for the boys. Not sure where to begin your fall wardrobe hunt? Start with your sense of touch.

JOHN
MACKAY
life@metronews.ca

If it feels good, wear it. You've heard that before, but not like this.

These days, it's as much about how clothes feel when you touch them, as it is how you look when you wear them. When you're searching for new style finds for chillier temperatures, prioritizing fabrics as well as intriguing patterns will land you some enviable finds.

Here are a few pointers to keep in mind while seeking out those essential pieces for next season:

If this is the fall you buy a new suit, then go for a dark grey flannel that has some weight to it. If you want to take a different direction, a wool sports jacket in a subtle check is a great alternative. By subtle, we're



A sports jacket in a subtle check is a great wardrobe addition. iStock

talking colour; the check itself can be large.

Where coats are concerned, you can aim for a classic wool topcoat in a heritage fabric or, since this is a year of mixing the dressed with the casual, a

down-filled coat or three-quarter outdoors-looking jacket will work.

Look for something a little less puffy than the one you've been kicking around in the last couple of years. A duffle coat is a great idea as well.

The Brits call them roll necks, we call them turtlenecks and yes, turtleneck sweaters are sticking their heads out again. A fine wool turtleneck can replace shirt and tie under a tailored suit with black under black looking great for a big night out.

Fisherman knit and cable knit sweaters are going to be worth the finan-

Trends Report

Toronto is currently hosting its first-ever Men's Fashion Week and in keeping up with the theme of men's fashion and style, Trends Report will look at five style mistakes men commonly make. Go online to read more and take the poll to let me know which men's style mistake you think is the most cringeworthy.

• Online. metronews.ca/trends-report



cial outlay.

And while we're on sweaters, a good alternative to something heavy and textured is the new crop of geometrics including classic argyles in bold colours.

Get yourself a band-collared shirt, which is, essentially, a shirt without a collar. It will be perfect under a suit. There are bold coloured, patterned scarves to be had and you may have noticed that gold chains are looking kind of good again; one thin chain, nothing bling.

A man's must-haves



Designer Christopher Bates
MAX JAMALI

Designer Christopher Bates took time away from Toronto Men's Fashion Week to give us his list of essential's every man should own:

1 A casual sports jacket. "It's the most dynamic piece a man can own. It can be dressed up or down and worn day or night."

2 A tailored white dress shirt. "This is the linchpin of a man's wardrobe. You should actually have at least three to account for time to dry clean it if you get lipstick on your collar..."

3 A grey suit. "When you're building your wardrobe, this is the first suit you should buy. Grey flatters most complexions and you can spice it up with a myriad of shirt and accessory options."

4 Black leather bomber. "Invest in a high-quality leather bomber and it will last you for ages and get better with time. It's an edgy piece that says you mean business."

5 Tapered blue jeans. "The key here is fit. Boot cut or straight leg are simply unflattering. A tapered leg makes you look taller, trimmer and more stylish. Try dressing them up with a casual sports jacket or pressed white dress shirt."

Fashion by the foot

- Two-buckled, monk strap shoes are all set for their moment this fall, and there are some terrific boots, particularly hybrid hiking boots with a space-age look to them. The one key thing to look for is a thicker sole, crepe if you see it. For socks, think solid colours not stripes, but look for textures and patterns like herringbone and paisley.



Notice of Hearing For Custody and Temporary Guardianship Order To Patricia Dickson

Take notice that on the **25th day of August 2014 at 2 p.m.**, at **Calgary Family Court, Courtroom #1205, 601 – 5th Street SW, Calgary, Alberta**, a hearing will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: **Custody Order; Temporary Guardianship Order** of your children born on **July 4, 2005 and August 11, 2003**. If you wish to speak to this matter in court, you **MUST** appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

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Easy ways to add art to your dorm

Not allowed to hang art? Here are a few solutions to the age-old dorm room rule



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Many student accommodations insist on the no-nail holes rule in dorm room and student housing walls. In most cases, not even tape is allowed. So how does a decor-conscious student get creative when displaying art in their personal space?

Here are some alternatives that will allow you the luxury of adding personality without breaking any rules.

Hang in there

Mount a large framed photo without leaving nail holes or a sticky residue on the walls. 3M-Command Large Picture Hanging Strips, \$5, Walmart.ca.



Sleep on the bright side

If you keep your bed tidy, then you'll always have a giant piece of art to brighten your room. Duchess Grand Duvet Cover, \$129, UrbanOutfitters.com.



Get hooked

Hang your art from a single hook that attaches over a rarely used closet door. Deluxe Single Over Door Hook, \$11, BedBathAndBeyond.ca.



Stick with it

Easy to apply and always easy to reposition, artsy decals stick to any smooth surface. Black/White Frames Kit designed by Jonathan Adler for WallPops, \$43, WallPops.com.



Take a bold shower

Skyscrapers rise in a vintage graphic, adding a vibrant print to your bathroom. Metropolitan Shower Curtain, \$20, Simons.ca.



Pg. 148
helps sell
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Fall is having a Highland fling

Mad for plaid.

From tweeds and tartans to terriers and thistles, decor adopts all things Scottish

Where fashion goes, decor follows. And this fall, the fashionistas are inspired by Scotland.

Plaid capes, kilts and coats hit the fall 2014 catwalk for Saint Laurent and Stella McCartney. Marchesa showed tartan-printed lace, argyle and fur, and deconstructed kilt patterns into a dress collection. Brazilian label Animale used Celtic and druid patterns, and shot their ad campaign against a rocky, Braveheart-esque background.

Maybe it's Scotland's referendum on independence that's drawn designers' attention.

If you're ready to add a little Highland fling to your living space this season, there are lots of options.

Rich woods, squooshy sofas, rubbed bronze and landscape prints evoke the Caledonian country manor. The look — traditional and tasteful — can be dressed up or down.

And modern interpretations also abound, with oversize or edited classic patterns, layering of aged items with new, and playful versions of iconic Scottish elements.



LAMPSPPLUS.COM/THE ASSOCIATED PRESS

Clan of the cloth

Scottish style is rich with clan tartans and evocative motifs drawn from a long and tempestuous history. The colour palette is equally rich: Deep lichen greens, rainy greys, cranberry, moat blue, malt and butterscotch. In paints, check out Devine Color's Oat, Thunder and Juniper; Sherwin Williams' Loch Blue and Salute; Farrow & Ball's Pigeon. (devine-colour.com; sherwin-williams.com; farrow-ball.com)



Tartan plates take the Scottish decor trend to the table.

PENDLETON-USA/THE ASSOCIATED PRESS

A herringbone to pick

Look for archetypal patterns like herringbone, plaid, tweed, lace and argyle. Pottery Barn's Alana lace printed lampshade; Target's Threshold Paisley print lampshade; Missoni's tweed pouf; and Graham & Brown's argyle wallpapers are at AllModern. (allmodern.com)

Pine Cone Hill's Greyville

Have a houndstooth

The Crystal Keltic Oreo black-and-white houndstooth print chair.

Tartan rug has lovely muted tones, and at Wayfair, there are Milliken's Magee rugs in amber, gold and emerald plaids. (pineconehill.com; wayfair.com)

Stag party

At LampsPlus.com, there's a selection of Woolrich throw pillows featuring stags' heads, pheasants and plaid trims. Here too are Townshend's Journey rug in a soft grey tartan, argyle print doormats and canvas pillows with regal crests.

DwellStudio's Thistle Vine pillow features a striking yet simple graphic of the plant printed in dark

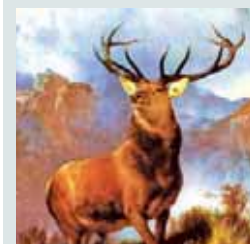
press.com, including a rug featuring a Scottish terrier's silhouette superimposed on the bright blue and white of the flag.

Toiles and thistles

Scottish design studio Timorous Beasties' Thistle wallpaper comes in several moody colour schemes reminiscent of a Scotch mist. They've also created the edgy Glasgow Toile, which at first glance looks like a typical toile filled with vignettes, but on closer inspection depicts life on the seedier side of the city. (timorousbeasties.com)

Raise the antler

Look for items with key, thistle, antler, knot and shield motifs.



• Sir Edwin Landseer's iconic painting of a mighty stag, Monarch of the Glen, is available in prints and on pillows at Zazzle.com.

• The retailer also stocks William Morris-print wall clocks, pillows and stationery.

Be manor enough

Leather and faux leather accessories are a good way to introduce a bit of the Scottish manor look without investing in a large piece of furniture. Check Homegoods for small storage boxes and trunks clad in faux leather, or spend a brisk fall Sunday prowling a good antiques market for items with provenance.

Pat Renson is an interior designer based in Auchterarder, near Scotland's famed Gleneagles golf course. She puts tartan and plaid on modern sofas and chairs. Velvety woodland-print pillows are paired with quilted linen headboards, in muted hues of ivory and earth. (patrenson.com) THE ASSOCIATED PRESS

Put on a Mackintosh

Charles Rennie Mackintosh's elegant rose and Arts and Crafts motifs are interpreted in pretty lighting and window and wall stencils at JustMackintosh.com.

Reproductions of vintage Scotland travel advertising are available at Art.com.

brown on a background the colour of the foam on a glass of Bellhaven ale. (lumens.com)

Great Scottie!

More modern interpretations of Scottish icons are at Cafe-

Argyle, matey

Argyle wallpaper is an unexpected way to introduce a touch of Scottish flair to a space. Graham & Brown's version comes in several different colourways.



ALLMODERN.COM/
THE ASSOCIATED PRESS

Go to tweed

Missoni Home's Nalco pouf ottoman is covered in a natty ruby and oatmeal tweed fabric.



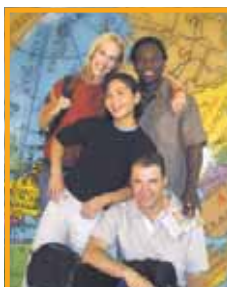
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Wrapping up Caribbean tastes

Pack a picnic. Jerk Chicken Wraps contain classic island flavours like mango, pineapple and jerk marinade

1. **Garlicky Spread:** In a food processor or blender, combine the yogurt, cucumber, olive oil, lemon juice, salt, pepper, dill, garlic and honey (if using). Process until well combined then transfer to a separate dish, cover and refrigerate for at least one hour for best flavour.

2. Clean chicken pieces with the lemon juice and cool water, drain and place in a bowl. Cover in jerk marinade and allow to marinate for at least 1 hour.

3. In the meantime, move your oven rack so it's about 6 to 8 inches away from the main heat source and set your oven to the broil setting. Line a baking pan with tin foil and brush it with oil or use cooking spray. Place the chicken on the lined pan, cover with any remaining marinade and broil for 10 minutes. Remove from the oven, flip over and broil for another 8 minutes. If using thick chicken breast, broil an additional 4 minutes. Set aside to cool.

4. Blanch carrots by bringing to boil 3 cups of water and tossing them in for 25 seconds. Immediately transfer to bowl

Ingredients

- 3 lbs boneless chicken breast
- Juice of 1 lemon
- 1 1/2 cups jerk marinade
- 1 tbsp vegetable oil
- 1 1/2 each cups carrots, julienned; lettuce; firm mango, julienned; pineapple chunks; cucumber ribbons (use a potato peeler)
- 8-10 (10 inch) flour tortillas
- Garlicky Spread**
- 2 (8oz) containers plain Greek yogurt
- 1 cucumber; peeled, seeded and diced
- 1 tbsp olive oil
- Juice of 1/2 lemon
- Salt and black pepper to taste
- 1 tbsp dill, chopped
- 3 cloves of garlic
- Few drops of honey (optional)

with ice water to stop cooking process. Drain and pat dry with paper towels. Shred the lettuce.

5. When chicken is cool, slice into 1/4 inch strips and if you have any drippings in the baking pan, pour over the sliced chicken and give it a good mix.

6. Take a flour tortilla and spread about a teaspoon of the Garlicky Spread across a 1-inch strip the length of the tortilla. Across one end, place a bit of chicken, carrots, mango, pineapple, lettuce and cucumber ribbons, and roll tightly, tucking everything in as you do so. Slice in the middle so you

have two pieces of Jerk Chicken Wrap. Hold together with toothpicks. **RECIPE COURTESY THE VIBRANT CARIBBEAN POT 100 TRADITIONAL AND FUSION RECIPES VOL 2 BY CHRIS DE LA ROSA (CARIBBEANPOT.COM)**



This recipe serves four to six. CHRIS DE LA ROSA OF CHRISDELAROSA.COM

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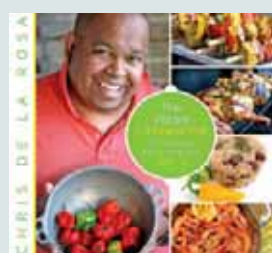
GROUND TURKEY
Dark meat

Fresh
5.99/lb
13.21/kg

Cookbook of the Week

Visit the islands from your kitchen

Chris De La Rosa first released *The Vibrant Caribbean Pot* as an e-book and this printed version contains 40 more recipes for 100 dishes that span a range of islands. Aside from demystifying Caribbean cooking through informative sections, *The Vibrant Caribbean Pot* is full of De La Rosa's personal anecdotes and memories of



growing up in Trinidad and Tobago. Among the dishes are Ultimate Curry Chicken, Stewed Pumpkin with Shrimp, Cassava Pone, and more. **METRO**

For your phone

Tavola (iPad/iPhone; free)

This Italian cookbook by

Edmonton-based chef Daniel Costa brings wine pairings and Rdio music playlists to dishes promising memorable experiences such as Ribollita, Pappardelle and Tagliatelle Bolognese. **KRIS ABEL**

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AL East

Orioles rally to sweep Yankees

Jonathan Schoop and Adam Jones homered in a four-run eighth inning, and the Baltimore Orioles rallied to beat the New York Yankees 5-3 Wednesday night for a two-game sweep of the rain-shortened series.

Limited to three hits through seven innings, Baltimore trailed 2-1 before Schoop tied it with a drive off Dellin Betances. Shawn Kelley (2-4) then gave up a single and a walk before Jones hit a shot into the bullpen area beyond the centre-field wall.

It was the eighth straight series win for the AL East-leading Orioles, who increased their margin over the fading third-place Yankees to eight games.

THE ASSOCIATED PRESS

Golf

Woods pulls out of Ryder Cup team

Tiger Woods removed himself from consideration for the Ryder Cup team Wednesday evening with a clear message that he is not healthy enough to play.

One day after U.S. captain Tom Watson said he trusted Woods to give him the "straight skinny" on the condition of his back injury and his game, Woods said he called the captain to say he would not be available.

The decision spares Watson from having to leave Woods off the team, and it eliminates a distraction before Watson announces his three captain's picks for the Sept. 26-28 matches against Europe at Gleneagles.

THE ASSOCIATED PRESS



Reliever Sergio Santos has yet to allow a run in seven appearances since being assigned to triple-A Buffalo. THE ASSOCIATED PRESS FILE

Santos waiting for call back up to bigs

MLB. Blue Jays reliever feels he has worked out his issues with triple-A affiliate

When the Toronto Blue Jays sent Sergio Santos to the minor leagues, general manager Alex Anthopoulos said he wanted the reliever to pitch some innings and "get back on track."

Santos is definitely back on track. In 6-2/3 innings over seven appearances since be-

ing assigned to triple-A Buffalo, the right-hander has given up just one hit and no runs.

"I feel like I'm in a good place," Santos said Tuesday night after recording two outs to pick up a save. "I feel a lot better attacking the zone with my fastball, and the command of my fastball has been a little bit better. I'm not kind of missing over the plate, I feel like I'm getting thirds, whether it's the inner or outer half."

Satisfied with his performance with the Bisons, Santos

Jays vs. Mariners

Go to metronews.ca for coverage of Wednesday's game in Seattle.



out that I needed to iron out and I'm just waiting for that opportunity to go back out there and hopefully do what I'm doing here," Santos said.

In Santos' place, the Blue Jays have blue-chip prospect Aaron Sanchez, who is one of five right-handers in the bullpen along with closer Casey Janssen, Chad Jenkins, Todd Redmond and Dustin McGowan.

Santos has a 7.78 earned-run average in 24 appearances for the Blue Jays this season after putting up a 1.75 ERA in 2013. THE CANADIAN PRESS

4 SPORTS

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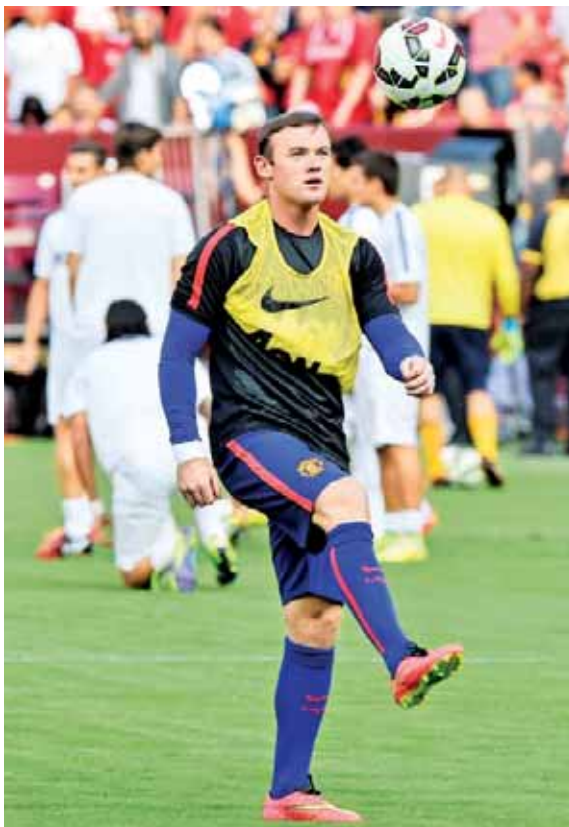


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Wayne Rooney, named club captain on Tuesday, will try to lead Manchester United back to the top of the table under new manager Louis van Gaal.

NICHOLAS KAMM/AFP/GETTY IMAGES

Forget the World Cup — the Premiership is back!

World's richest. All set for the start of another season; here's a look at the top contenders

The return of the Premier League this weekend cannot come quickly enough for English fans still lamenting their national team's worst-ever World Cup showing. With the league's riches, global reach and non-stop drama, it remains England's projection of footballing power.

But as the waning impact of English sides in Europe last season demonstrated, the Premier League's allure remains under threat from Spain. Gareth Bale left Tottenham for Real Madrid last year, and the new season begins with Luis Suarez at Barcelona rather than Liverpool.

Liverpool cashed in around \$130 million for the Uruguay striker, who is banned from football until the end of Octo-

Place your bets



"Why I like the Premier League so much is that at this moment, nobody knows who is going to win the title."

Chelsea coach José Mourinho

ber for biting an opponent at the World Cup in Brazil.

"(Suarez) left Liverpool after his time as a world-class talent," Liverpool manager Brendan Rodgers said. "But we will move forward."

Manchester United seems more likely than Liverpool to make a big jump forward. Louis van Gaal has replaced David Moyes, who took over from Alex Ferguson as manager last season but wilted in the Old Trafford spotlight as the team fell from champions to seventh place.

"He'll find the competition in this league will be different to any other league that he's worked in," Rodgers said. "This

is a league where the top team plays the bottom team and, on any given day, you can lose."

Van Gaal has set about repairing a squad he described as imbalanced and "broken" in a summer that has seen veteran defenders Patrice Evra, Rio Ferdinand and Nemanja Vidic leave and Ryan Giggs retire.

Arsenal's Wenger opens the season without the burden of failure, having ended a nine-year trophy drought in May by winning the FA Cup. Mesut Ozil, Per Mertesacker and Lukas Podolski went on to become World Cup winners with Germany, but must now swiftly return to the Arsenal fold.

"It always makes it difficult

mentally to be sharp and hungry straightaway again," Wenger said.

It is a challenge Manchester City must also confront in trying to defend its second title in three years. By winning the Premier League and League Cup, City enjoyed its most successful season since 1970, but only sustained success will confirm the Abu Dhabi-bankrolled team as England's new force.

Few managers have been as shrewd as Jose Mourinho over the summer. He has generated \$115 million for Chelsea by off-loading out-of-favour defender David Luiz to Paris Saint-Germain and striker Romelu Lukaku to Everton.

Midfielder Cesc Fabregas was enticed to join Chelsea from Barcelona, striker Diego Costa and defender Filipe Luis were bought from Atletico Madrid, and 36-year-old Champions League winner Didier Drogba is making a crowd-pleasing return to the Blues.

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Liberté, Égalité ... Rugby

Canada's Elissa Alarie fights through a tackle by French players during the women's Rugby World Cup in Paris. Canada moved to the final with a tense 18-16 win over the hosts. Scan the image with your Metro News app for a gallery of Wednesday's action. FRED DUFOUR/AFP/GETTY IMAGES

Beware the Suarez



"He's great to have, but an accident waiting to happen, and if you spend your time trying to promote what's good about the Premier League, you're always waiting for the next thing to come along."

Richard Scudamore, CEO of the Premier League, saying he wasn't exactly heart-broken over Luis Suarez's \$130-million transfer from Liverpool to Barcelona in July.

Los Angeles Clippers

Appeals court rejects attempt to block sale

Donald Sterling's latest effort to block the \$2-billion sale of the Los Angeles Clippers to former Microsoft CEO Steve Ballmer was shot down Wednesday by a California appeals court.

The 2nd Appellate District Court issued a brief ruling Wednesday saying it couldn't halt a sale that had been completed.

THE ASSOCIATED PRESS

F1. Ecclestone makes \$110M payment: Court

A German court says Bernie Ecclestone has made the \$110-million payment he agreed to last week, meaning the bribery case against the Formula One boss is formally closed.

The Munich state court on Aug. 5 approved an agreement between Ecclestone's lawyers and prosecutors

to end the trial. It gave the 83-year-old Englishman a week to pay the money — \$99 million of which goes to the state and the remaining \$1 million to an organization that helps terminally ill children. The court said on Wednesday that the payment was made on time.

THE ASSOCIATED PRESS

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

→ See the full instructions on Metro's Voices page.



Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

The deal you are being offered may seem generous but make sure you read the small print carefully before deciding if it is the right deal for you.

♉ Taurus

April 21 - May 21

Friends and loved ones have the upper hand at the moment and if you are smart you will not make a fuss.

♊ Gemini

May 22 - June 21

Cosmic activity in the work area of your chart makes this a good time to get started on things of a practical nature. Set targets but make sure they are ones you can reach.

♋ Cancer

June 22 - July 23

Mars and Pluto will combine over the next 48 hours to give your ego and energy a much-needed boost. You won't lack for self-belief, so much so that you honestly believe all things are possible. Aim high.

♌ Leo

July 24 - Aug. 23

If you have done something you feel less than happy, about now would be a good time to own up to it. If you confess your "sin" you will be forgiven.

♍ Virgo

Aug. 24 - Sept. 23

You won't let little things like work and domestic commitments hold you back today. As far as you are concerned it's OK to have fun. In fact, it's demanded.

♎ Libra

Sept. 24 - Oct. 23

The planets suggest you are thinking about buying something costly. It's your money and you can do what you want with it but is it something you need or is it an impulse purchase? Think it over.

♏ Scorpio

Oct. 24 - Nov. 22

You have the power to reach out and take whatever it is you want to possess, so what are you waiting for? Don't let other people's doubts hold you back.

♐ Sagittarius

Nov. 23 - Dec. 21

No matter how eager you may be to get started on a new project you need to take time out and get your head around all the changes that are taking place in your world.

♑ Capricorn

Dec. 22 - Jan. 20

You'll be asked to do a favour today for someone you don't like but if you are smart you will do it with a smile. You could make yourself a useful ally.

♒ Aquarius

Jan. 21 - Feb. 19

Anyone who thinks they can threaten you will discover how tough a cookie you can be over the next day. Don't worry about making enemies. It means you're being taken seriously.

♓ Pisces

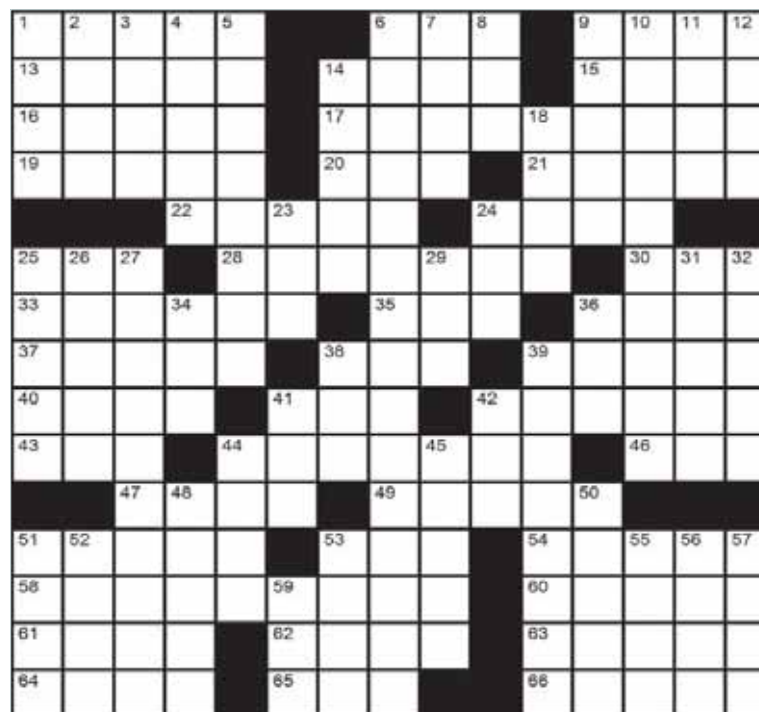
Feb. 20 - March 20

A robust set of influences will make you quite vocal over the next 48 hours and that's good. Speak up, loudly.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Edmonton-born comedian, Tommy
6. Glamorous getaway
9. Stevie Wonder's "___ Made to Love Her"
13. Particular pink
14. Frosts
15. 'The Big Easy'
16. Ancient Greek colony
17. Feist song
19. "___" (Poker player's 'no more for me')
20. Keyboard key
21. Portends
22. Inundate
24. Bryan Ferry band, ___ Music
25. Yore
28. Rapture
30. Mastiff's mitt
33. Legally account-able
35. Final [abbr.]
36. Singer/songwriter Ms. Kelly
37. Allegiant
38. "General Hospital" sets, briefly
39. Drive-thru extras
40. Worldwide [abbr.]
41. "Sheila" by Tommy
42. Movie star Ms. Woodward
43. Listener
44. Coagulate
46. Bit
47. "___ Chef America"
49. Similar
51. Narcotized
53. Branch



54. Carnivals
58. One of the Canadian Rockies mountains on the \$10 bill
60. Grain fungus
61. Legal 'deal'
62. "Believe" singer
63. Swiped
64. PM Harper, for one

65. Gr. Neil Young joined
66. Pitched

Down

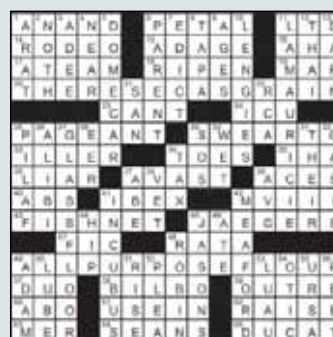
1. Caesar's 202
2. Clopper-on-cobblestone
3. Of little ___ use (Not eggsactly helpful)
4. Hammer's ham-

- merees
5. Malcolm ___, Canadian writer for The New Yorker
6. Winnipeg: Assiniboine Park artsy attraction, Leo Mol
- ___
7. Bug
8. Wynonna's sis
9. Desk item for new

- stuff
10. Writers at ___ (Annual gathering of scribes/musicians in Newfoundland)
11. Succulent plant
12. ___ Club (Walmart-owned American warehouse store)
14. Islamic leaders
18. Hugh Grant movie,

- "About ___" (2002)
23. Champion
24. Alphabetic trio
25. 1960s hit song-writer Ms. Greenwich
26. Canadian guitarist Ms. Boyd
27. "...one way ticket, yeah..." goes this Beatles tune: 2 wds.
29. CFL's Montreal players
31. Sphere
32. ___ up (Became enlightened)
34. ___ Harbour, Florida
36. Sing-y syllable
38. 'Bass' suffix
39. Current music event in Saskatoon
41. Harry's pal at Hogwarts
42. "___ guru deva om / Nothing's gonna change my world..." - The Beatles, "Across the Universe"
44. Musical finale
45. Mr. Fudd
48. Track: ___ race
50. "Fantasy" by ___, Wind & Fire
51. Store's 'Produce', e.g.
52. A capital in Europe
53. Wows! equivalents
55. Alexander Borodin opera, Prince ___
56. Movie part
57. Hearty meal
59. ___ -1701 (U.S.S. Enterprise marking)

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

5	3	7	4	8	2	1	6	9
8	4	2	1	6	9	3	5	7
6	9	1	7	3	5	8	2	4
3	7	9	2	4	8	5	1	6
2	6	5	3	7	1	9	4	8
4	1	8	5	9	6	7	3	2
9	8	3	6	5	4	2	7	1
7	2	4	8	1	3	6	9	5
1	5	6	9	2	7	4	8	3

			3		2	4		
2		8	1					
3				9		5		
		6		8		9		
8			9		2		1	
	3			4		8		
	7		8				3	
				4	6		2	
	1	5		7				



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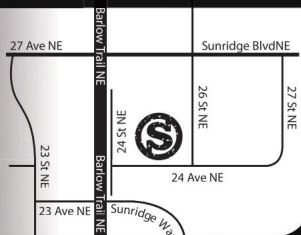
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4PM-5PM VENZA

6PM-7PM RAV4

7PM-8PM TACOMA

8PM-9PM 4RUNNER

9PM-10PM SEQUOIA

10PM-11PM AVALON

11PM-12AM FJ CRUISER



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